

Bike Ride India - 2014 (November 28th to December 14th, 2014)

Day	{PROGRAMME ACTIVITY}
	Welcome - Arrive in Visakhapatnam. Pick up from City or Airport and travel to New Hope Community Centre. Afternoon introduction with children.
1	Orientation morning after breakfast. Discussion with Director on New Hope as an organization how it has evolved. Walk around New Hope Community Centre in groups with senior students or staff to explain how a day happens at the Centre. (Select an activity that you would like to spend time at)
2	Monday - Cycle Alamanda. Specified day as it is a rural market day in this small rural town. You will see seasonal vegetables, cows, buffalo, oxen and goats
3	Activity Day in Community. There are multitudes of activities - Painting a room, gardening including pruning, teaching an English class, Cooking pancakes and making a jam with senior girls - endless and the odd game of cricket/volley ball will creep in.
4	Bicycle ride orientation, and in-depth discussion with Guide. Continue with Activity of choice.
5	Train to Araku Valley 'hill station'. Ride bicycles through rural area. Stay overnight.
6	Travel downhill by bus through coffee plantations, incredible scenic valley views. Stop at Borra Caves - oldest in world. Return and stay at Community Centre, Kothavalasa.
7	Train to Bobbili and ride Bikes through rural country side to the Gandhi Memorial Centre for Leprosy patients. New Hope now has the management of this Centre. Evening train to Muniguda.
8	Muniguda Community Centre includes Eye Hospital supported by Friends of New Hope for free cataract eye ops to Leprosy patients and rural poverty line women Tribal women.
9	The Community is also home to a group of Challenged Children in their Namaste House and Social Needs School. The aged in need of custodial care leprosy cured people also their home there.
10	You are free to spend time with everyone there and hopefully during your visit you will see people admitted for eye surgery; an interesting part of the work of New Hope. Visit a local Tribal Market and in the afternoon catch a train to Bargarh.
11	Bargarh is the nearest town to Jhan Jhur Leprosy Colony. One of a number of such colonies that benefit from Love Bundle gifts, protective food wear and Care. Ride to Jhan Jhur Leprosy Colony - This will be a contrast to other centers of New Hope and shows a different village lifestyle programmes. Night travel back to Kothavalasa Community Centre.
12	Activities Day with children. Volunteer time in school or garden
13	School' holiday' for children to play games. Present one of their cultural days. Volunteer time together doing arts and crafts.
14	Visit to Visakhapatnam city, sea and old Buddhist historical site, up coast to see where Dutch had settlement for export a special blue dyed cloth, or just go shopping.